**Reflection Questions on Major/Field**

*Answer the following questions based on your major and/or the field you are planning to pursue a career in.*

What does your field and/or your major claim to contribute to human life? How does it promote happiness?

Which sorts of needs does your field/area address e.g. physical, psychological, spiritual, meaning and purpose, etc.?

Do people in your area pursue their goals individually or in teams? How social is the way of life that goes along with your area?

Does your area focus primarily on understanding things and developing feelings (e.g. theoretical inquiry or reflective artworks) or on actively changing things and producing results (e.g. producing health, changing society through direct action and politics)? Explain, with examples.

Does your field challenge conventions and the views of society or work within social norms or both? Explain, with examples.

What assumptions does this field make about the human good? For example, does it assume that the human good requires health, wealth, status, or virtue? Does it treat these things as irrelevant to happiness, instruments to happiness, or part of what happiness is?

Is there discussion about the goals of your area among people in the major or field? Are certain views about what’s good or bad assumed without discussion or argument?

How would this discipline or field look different if the people in it adopted different views on happiness and the human good?