**Meaning of Life Interview Assignment**

For this assignment, you will be writing up a brief report (200-400 words) of an interview with someone whose life and actions you respect. This person should be older than you and you should know them fairly well. Make sure the person you choose is willing to talk about meaning in life and happiness. You may choose a friend, a family member, or anyone else who meets these conditions. Set aside half an hour or so to through the questions below with them. Leave room for follow ups and you may alter the questions somewhat, as appropriate.

Then write up their answers. Your report may either summarize the overall conversation or present your respondent’s answers to the questions. You may note how the discussion went (e.g. How did this person react to the different questions? Any interesting questions or clarifications that they made?). You don't have to report everything that what went on, just the highlights.

*Grading Criteria*: You will be graded on how clear and detailed your report is and on how well it shows that you diligently completed the interview.

1. Do you feel like you are living a meaningful life now? Why or why not? Have you always felt that way? If not, what has changed over time.
2. What motivates you to live your life as you do? (*as the interviewer, you might mention different possible motivations such as happiness, meaning, love, success, money, family etc.*)
3. Are your relationships important to your overall quality of life? If so, which relationships are most important and why?
4. How important are your accomplishments to the meaning of your life? Do you feel that you’ve met all or most of your goals in life?
5. Do you feel that your actions and accomplishments have helped make a difference to those around you? In what ways have you tried to help others? Where do you think you may have made a difference?